

COVID-19 COMMUNITY RESOURCES

TOPIC	INFORMATION
Healthcare	<p>Coronavirus Hotlines: Nurses available by phone every day at the Mono County Public Health Hotline, call 211. For general questions call 760-924-1830, M-F 8am-5pm.</p> <ul style="list-style-type: none"> • California Peer Warmline 24/7 Services: Provides free mental health support by phone for all Californians in English and Spanish. Call 855-845-7415. • Mono County Behavioral Health: Provides free mental health support in English and Spanish. Call 760-924-1740. <p>Need Health Insurance? Contact:</p> <ul style="list-style-type: none"> • Covered California, the marketplace for private health insurance that offers discounted plans. Visit www.coveredca.com or call 877-752-4737. • Medi-Cal, the state's free or low-cost health insurance for low-income Californians. Call 760-924-1770 to talk to a Mono County Medi-Cal eligibility worker. • Medicare, the federal health insurance program for those 65 and over or disabled. Visit www.medicare.gov or call 800-633-4227. <p>Questions about your health insurance coverage? Call 888-804-3536 for free legal help or visit www.healthconsumer.org.</p>
Food	<p>Food Stamps (CalFresh): Financial assistance to purchase groceries. Call 760-924-1770 or visit www.getcalfresh.org to apply. The receipt of food stamps by a family member will not impact another family member's immigration situation.</p> <p>Food Bank IMACA: Free food distribution at sites throughout Mono County. Call 760-873-8557 or visit www.imaca.net to view the calendar.</p> <p>School Meals: Free and reduced to-go meals for students. For information, contact:</p> <ul style="list-style-type: none"> • Mammoth Unified School District at 760-934-6802 or visit www.mammothusd.org. • Eastern Sierra Unified School District at 760-932-7443 or visit www.esusd.org. • Bishop Unified School District at 760-872-4704 or visit www.bishopschools.org. <p>Meals on Wheels (Age 60+): Home delivered meals countywide. For information, call the Antelope Valley Senior Center at 530-495-2323.</p> <p>WIC (Pregnant and kids up to age 5): Nutrition and breastfeeding support. Application and enrollment being offered by phone. Call 760-924-4610.</p>
Rental Assistance	<p>Mammoth Lakes Housing: Countywide rental assistance for those impacted by COVID-19. Call 760-934-4740 or visit mammothlakeshousing.org/resources/covid-19-emergency-resources</p>
Financial Help	<p>General Assistance and CalWORKs: Immediate help with housing, food, utilities, clothing and medical care for those with little or no resources. Call 760-924-1770 to talk to a Mono County eligibility worker.</p> <p>Paid Sick Days: If your workplace is still open and you need time off, ask your employer about Paid Sick Leave, including new rights to paid sick days due to the coronavirus.</p> <p>Unemployment: Payments to workers who lose job or have hours reduced, through no fault of their own. Generally, not available to undocumented workers (must have legal work status). Apply online at edd.ca.gov/unemployment or by phone, English: 1-800-300-5616 / Spanish: 1-800-326-8937.</p> <p>Disability (SDI): Payments to workers unable to work due to medical quarantine or illness related to COVID-19. Available to undocumented workers. Application must be certified by a medical professional, so contact your doctor to apply or visit SDI Online at www.edd.ca.gov/disability/SDI_Online.htm.</p> <p>Paid Family Leave: Payments to workers unable to work due to caring for an ill or quarantined family member. Available to undocumented workers. Application must be certified by a medical professional, so contact your doctor to apply or visit SDI Online at www.edd.ca.gov/disability/SDI_Online.htm.</p> <p>Childcare: Financial assistance for childcare is available through FMLA: www.dol.gov/agencies/whd/pandemic/ffcra-employee-paid-leave or IMACA: coronavirus.monocounty.ca.gov/pages/residents#resources.</p>
Legal	<p>California Indian Legal Services: Free legal assistance and counseling for low income residents, both Indian and non-Indian. Call 760-873-3581 or visit www.calindian.org</p>



211 FEELING SICK?

+ Talk to a Nurse
• Testing • Resources • Help



MonoHealth.com/ Coronavirus
MONO COUNTY
COVID-19 Resource Portal